Deep Learning Model Translates Imaging Biomarkers to Predict Future Breast Cancer Risk, Surpassing Traditional Methods of Risk Assessment

¹Lamb L MD MSc, ²Yala A MEng, ²Mikael P BS, ^{2*}Barzilay R PhD, ^{1*}Lehman CD MD PhD



¹Breast Imaging Division Department of Radiology Massachusetts General Hospital ²Massachusetts Institute of Technology



Disclosures



Leslie Lamb, MGH

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Adam Yala, MIT

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Background

- Risk-based screening has been elusive due to inability to accurately predict risk
 - Current screening guidelines leverage risk models
- Risk assessment models include Tyrer-Cuzick (TC)/IBIS, Gail/NCI BCRAT, Claus, BOADICEA, BRCAPRO, BCSC

- AUCs¹⁻³: TC 0.62 & Gail 0.59

 Current risk models incorporate a small fraction of available patient data (ex. family history, prior biopsies, hormonal/reproductive history, breast density)





Background

• With the power of artificial intelligence, why limit ourselves?



- Previous deep learning (DL) model (DL1) was developed that combined imaging and traditional risk factors⁴
 - AUCs: 0.68 image-only model, 0.70 for image + risk factor (RF) model vs 0.51 TC version 7 (TC7), 0.62 TC version 8 (TC8)
- A new DL algorithm (DL2) was designed to predict a patient's risk of developing breast cancer at multiple time points using mammographic image biomarkers alone









 To compare the predictive accuracy of the DL2 (image-only) model to that of TC8, a traditional risk model that incorporates patient history and breast density to predict future breast cancer risk





Materials and Methods

Study Design

- Institutional Review Board approved
- HIPAA compliant
- Retrospective
- Single tertiary academic institution with 5 screening sites
- Cancer outcomes linked to regional tumor registry

Study Population

- Inclusions:
 - 2009 to 2016
 - Consecutive patients with bilateral screening mammography
 - Personal history of breast cancer (except test set), implants, all races, all biopsy results
 - **Exclusions:**
 - Unilateral
 - Non-Hologic mammography unit
 - Personal history of breast cancer (test set)
 - Other cancers in the breast (ex. sarcoma)
 - Lacked 1y screening follow-up
 - Developed breast cancer within 3mon of screening



Model Development



Materials and Methods

Primary Outcome

 Development of breast cancer within 5 years of index mammogram

Statistical Analysis

- DL2 vs TC8 model performance was compared using areas under the receiver operating characteristic (ROC) curve (AUCs) with DeLong test
- *p*-values <0.05 considered significant





Results

Demographics

- Age: 56.4y (range: 35-91y)
- Pre-menopausal: 29.5% vs post-menopausal: 70.5% (p<0.001)
- Non-dense: 55.7% vs dense: 44.3% (p<0.001)
- White: 81.4%, African American: 4.8%, Asian/Pacific Islander: 4.8%, Other: 9.1% (*p*<0.001)





Discussion

DL2 outperformed DL1 image-only, DL1 image + RF, TC7, TC8 models



Strengths

- Large cohort
- DL model is inclusive consecutive screening patients (personal history of breast cancer, all races, implants, prior biopsies)
- Feasibility time and staffing resources

Limitations

- Predominantly white population (81.4%)
 - Small sub-group numbers limits analysis
- Five screening sites, part of single academic institution





Future Directions

• Validation:

- External validation has been since performed at Karolinska Institute, Sweden and Chang Gung Memorial Hospital, Taiwan
- Further validation in larger African American and minority subgroups required
- Further model development
- Clinical implementation

ML Density: B - Scattered fibroglandular densities Prior Breast Density: B - Scattered fibroglandular densities Accession #: E16505034

AI1: 0.179	AI2: 0.480	AI5: 1.493
TC8 Life: 6.5	TC8 10y: 2.70	
NCI Life: -2.00	NCI 5y: -2.00	
BRCA Life: 9.40		





Conclusions

- Mammograms contain highly predictive biomarkers of future cancer risk, not identified by traditional risk models
- A DL model using screening mammography alone can improve risk discriminatory accuracy compared to traditional modern risk models which rely on clinical history and mammographic breast density

Traditional risk models can be time-consuming to acquire and rely on inconsistent or missing data. A DL image-only risk model can provide increased access to more accurate, less costly risk assessment





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Questions/Comments?



LRLAMB@mgh.harvard.edu

